

Dear

DOB: NHS No:



Coronavirus has changed the way your GP surgery works.

We want to make sure that you are fit and healthy at this time.



Now is not a good time for us to invite you into the GP surgery for your learning disability annual health check. So we are changing the way we do your health check because **coronavirus is still about**.



Step 1: Fill out your Pre-Health Check Questionnaire

You can ask your family or friend to help you to fill this out. If you don't have anyone to help you fill it out then please tell us.



Step 2: Return your completed Pre-Health Check Questionnaire to the GP Surgery

You can ask your family or friend to hand it back to the receptionist at the GP surgery for you.



Once this is done we will then give you a time that the GP or nurse **will phone you** to talk about the answers in your Pre Health Check Questionnaire.

You can ask a family member or friend to help you to answer the questions when the GP surgery phones you. If you do not have anyone to help you but would like someone, please tell the GP surgery.



Once we have asked you all of the questions **by phone** we will think about what we need to do next. It may be that we ask you to have some more tests to make sure that you are fit and healthy at this time.



Or it may be that you can wait for the next part of your health check **once the GP surgery is open as usual.**



Step 3: Once the GP surgery is open as usual

We will invite you to come in for a **physical check.**



When you attend the GP surgery we will give you a copy of your **health check action plan.**



If you are feeling unwell, you can call the GP surgery before this time. Telephone Number.....



If you are not able to call the surgery then you can call 111.



If it is an emergency you can call 999.



If you have any questions, or you need help with your **Pre-Health Check Questionnaire**, telephone the GP Surgery.

The Telephone Number is