

**Policy Category:**

**CBA**

**Who usually applies for funding?**

**Not Applicable**



## Hip impingement surgery

<b>Commissioning decision</b>	<b>NHS Gloucestershire Integrated Care Board (ICB) will provide funding for hip impingement surgery for adults who meet the criteria defined within this policy.</b>
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### Policy Statement:

Open or arthroscopic femoro-acetabular surgery for hip impingement is commissioned if the following criteria are met:

- Labral tear or impingement has been confirmed on MRI.  
**OR**
- Where hip arthroscopy is supported for the removal of radiologically proven loose bodies within the hip joint with an associated acute traumatic episode. Arthroscopy is not supported as a diagnostic tool where there is suspicion of loose bodies. **AND**

The provider will undertake local review of cases to monitor safety and short-term outcomes.

### Rationale:

Surgical interventions for hip impingement syndrome are restricted in line with the current commission policy published by NHS England.

### Plain English Summary:

Most hip pain is caused by osteoarthritis, however there are a number of less common causes including hip impingement syndrome. Hip impingement syndrome is caused by unwanted contact between abnormally shaped parts of the head of the thigh bone and the hip socket. This results in limited hip movement and pain.

A range of conservative treatment may be considered for hip impingement including pain killers, activity modification and physiotherapy. In some cases, surgical intervention may be required.

If your doctor believes that you meet the criteria set out in the policy, then the ICB will fund your treatment.

### Evidence base:

NHS England Interim clinical commissioning policy: treatment of hip impingement syndrome. November 2013.

For further information please contact [GLICB.IFR@nhs.net](mailto:GLICB.IFR@nhs.net)

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<b>Date of publication</b>	12 October 2015
<b>Policy review date</b>	March 2025

**Policy sign off:**

<b>Reviewing Body</b>	<b>Date of review</b>
Effective Clinical Commissioning Policy Group	3 August 2015 (virtual)
Quality and Governance Committee	

**Version Control:**

<b>Version No</b>	<b>Type of Change</b>	<b>Date</b>	<b>Description of Change</b>
0.1		12.10.2015	
0.2	Review date	15.03.2018	Policy review date changed to March 2022
0.3	Minor word changes review date	10.03.2022	Policy statement points 2,4,5, & 6 removed. Infants amended to adults in Commissioning decision title. Plain English Summary updated. Review date changed to March 2025 Amendments ratified by Executive Directors M Walkingshaw & M Andrews-Evans 14.7.22