

# A-Z End of Life Care Resources



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Search 'Learning Disabilities Key Documents and Resources'

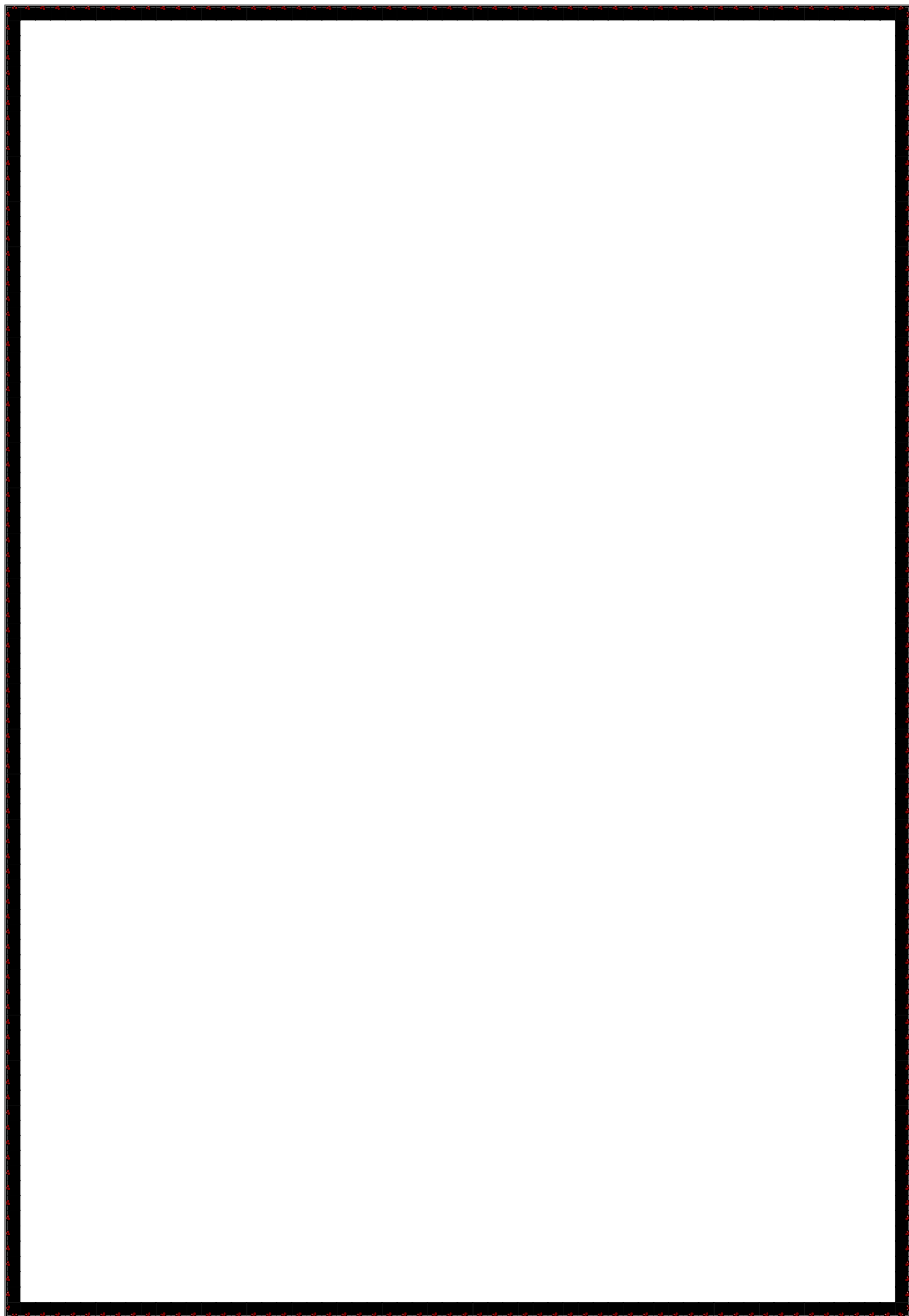
**Produced by:**

Gloucestershire Integrated Care Board

Gloucestershire Health and Care NHS Foundation Trust

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In Gloucestershire, we want to ensure the highest quality palliative & end of life care is available to all who need it irrespective of care setting, illness, age or diagnosis.

This A-Z of Palliative & End of Life Care Resources outlines:

- What palliative & end of life care information, leaflets and resources are available to support you in caring for people with learning disabilities
- What end of life care education and training is available and where/how you can access it
- What specialist palliative & end of life care support is available and how to access it

## Key Messages:

I am supporting or caring for someone with a learning disability who has been diagnosed with a terminal illness:

1. Give the person every opportunity to express their priorities, wishes and preferences for care before death, as well as what they want to happen after they die. Start planning discussions early; there are easy read resources in this guide to help you.
2. Symptom management can be more challenging with someone who has communication difficulties. Speak to someone who knows the person well to understand what is usual for this person. There are a range of tools that can help you (see Symptom Management section in the guide).
3. Last few days/hours -There are physical changes and signs that death is near; these may be upsetting for carers but do not appear to distress the person who is dying. These signs are a normal part of the dying process (See Dying section in the guide)

## Where can I go for Support?

1. There are useful resources in this guide.
2. Does your organisation have an 'End of Life Care Lead' or 'Champion' you can speak to? (see End of Life Care Leads section in the guide)
3. Hospices may be able to give you advice and support (see Hospices section in the guide)
4. The Specialist Palliative Care Telephone Advice and Support line is available 24/7 for professionals:

☎ 0300 422 5370

9.00 to 17.00 (Mon – Fri) call Community team

☎ 0300 422 2222

Any other time and ask for on-call Palliative Care

# A

## Advance Care Planning

Advance care planning is a process whereby an individual's wishes, preferences and priorities for care at end of life are discussed, recorded and communicated to key people involved in their care.

**Leaflet:** Thinking Ahead – My wishes for my Advance Care Plan

[www.knowledgeanglia.nhs.uk](http://www.knowledgeanglia.nhs.uk)

[a574 A4 6pp Form1 \(knowledgeanglia.nhs.uk\)](#)

Advance Decisions to Refuse Treatment: A Guide for Health & Social Care Professionals – [www.england.nhs.uk](http://www.england.nhs.uk)

[Advance-Decisions-to-Refuse-Treatment-Guide.pdf \(england.nhs.uk\)](#)



## Advocacy

Advocates support individuals when making important decisions about their health and care choices - [www.yourcircle.org.uk](http://www.yourcircle.org.uk)

[Health and Social Care Advocacy | YourCircle](#)

## Age UK Gloucestershire

Support people in Gloucestershire to navigate later life, to remain independent at home and to connect with friends and the local community - [www.ageuk.org.uk/gloucestershire/](http://www.ageuk.org.uk/gloucestershire/)

[Welcome to Age UK Gloucestershire](#)

## Ambitions for Palliative and End of Life Care: A national framework for local action 2021-2026 - [www.england.nhs.uk](http://www.england.nhs.uk)

[ambitions-for-palliative-and-end-of-life-care-2nd-edition.pdf \(england.nhs.uk\)](#)

# B

## Bereavement

For most of us bereavement, grief and loss will be the most emotionally distressing experience we will ever face. How we grieve will be unique to every one of us, it is important to remember there is no 'right' or 'wrong' way to grieve.



Supporting People with Disabilities Coping with Grief and Loss - [www.easyhealth.org.uk/resources Supporting People with Disabilities Coping With Grief and Loss | Easy Health](http://www.easyhealth.org.uk/resources/Supporting%20People%20with%20Disabilities%20Coping%20With%20Grief%20and%20Loss%20|%20Easy%20Health)

**Easy Read** – Grief and Loss when Someone Dies – MAC16312 - [https://be.macmillan.org.uk MAC16312\\_ER\\_E04\\_Grief and Loss When Someone Dies.pdf \(macmillan.org.uk\)](https://be.macmillan.org.uk/MAC16312_ER_E04_Grief%20and%20Loss%20When%20Someone%20Dies.pdf)

**Easy Read** – How You May Feel When Someone Dies – MAC16322 - [https://be.macmillan.org.uk MAC16322\\_ER\\_E04\\_How you may feel whe someone dies.pdf \(macmillan.org.uk\)](https://be.macmillan.org.uk/MAC16322_ER_E04_How%20you%20may%20feel%20whe%20someone%20dies.pdf)

**Leaflet** – Grieving the Loss of Someone – GDH1912 - [www.nhsglos.nhs.uk](http://www.nhsglos.nhs.uk)  
[https://www.nhsglos.nhs.uk/wp-content/uploads/2022/01/GDH1912\\_Grieving-the-loss-of-someone-FINAL-OCT-17.pdf](https://www.nhsglos.nhs.uk/wp-content/uploads/2022/01/GDH1912_Grieving-the-loss-of-someone-FINAL-OCT-17.pdf)

**Leaflet** – What to do After a Death: A Practical Guide in Gloucestershire – GDH3611 - [www.nhsglos.nhs.uk](http://www.nhsglos.nhs.uk)  
<https://www.nhsglos.nhs.uk/wp-content/uploads/2022/01/GDH3611-revMay19.pdf>

Cruse Bereavement Care - [www.cruse.org.uk](http://www.cruse.org.uk)

## Best Interest Decisions

(See Mental Capacity)

# C

## Capacity

Capacity is having sufficient understanding and memory to comprehend situations which arise and being able to understand the nature, purpose and consequence of any actions entered into.

Capacity Assessment (Learning Disabilities)

Contact Gloucestershire Health and Care NHS Foundation Trust Learning Disability Service

**Leaflet** – Mental Capacity Act Resource Pack – [www.mencap.org.uk](http://www.mencap.org.uk)  
[mental capacity act resource pack\\_1.pdf \(mencap.org.uk\)](http://www.mencap.org.uk/mental-capacity-act-resource-pack-1.pdf)

## Cancer Support

There is a variety of practical advice and support locally and nationally for people who have been diagnosed with cancer (or their family and friends).

Charlie's – Gloucester

<http://www.charlies.org.uk/>

Macmillan Cancer Support - [www.macmillan.org.uk](http://www.macmillan.org.uk)

[Cancer Information And Support | Macmillan Cancer Support](#)

**Easy-Read** – resources from Macmillan - <https://be.macmillan.org.uk/>  
[be.macmillan - Easy read titles](#)

Maggie's Centre – Cheltenham - [www.maggies.org](http://www.maggies.org)

[Maggie's Cheltenham | Maggie's \(maggies.org\)](#)

Marie Curie

[www.mariecurie.org.uk/](http://www.mariecurie.org.uk/)



## Carers

**Leaflet** – Support for Carers in Gloucestershire who are Looking after Someone at End of Life  
- [www.nhsglos.nhs.uk](http://www.nhsglos.nhs.uk)

<https://www.nhsglos.nhs.uk/wp-content/uploads/2022/01/GDH3216-REV-APRIL-2019.pdf>

Gloucestershire Carers Hub -

<https://gloucestershirecarershub.co.uk/>

## Continuing Health Care

Continuing healthcare (CHC) is the name given to a package of care that is arranged and funded by the NHS for adults outside of hospital that have ongoing complex or intense or unpredictable healthcare needs - [www.nhsglos.nhs.uk](http://www.nhsglos.nhs.uk)

<https://www.nhsglos.nhs.uk/your-health-services/funding-treatment/continuing-healthcare/#link-intro>



If a person is rapidly deteriorating and may be entering a terminal phase they may be eligible for CHC Fast-track funding to enable their care needs to be urgently met.

Contact: 0300 421 0303 or [GLICB.CHC-SPA-Team@nhs.net](mailto:GLICB.CHC-SPA-Team@nhs.net)

## Consent

In law, voluntary agreement with an action proposed by another. Consent is an act of reason; the person giving consent must be of sufficient mental capacity and be in possession of all essential information in order to give valid consent. A person who is an infant, is mentally incompetent, or is under the influence of drugs is incapable of giving consent. Consent must also be free of coercion or fraud.

<https://medical-dictionary.thefreedictionary.com/> -

[Consent | definition of consent by Medical dictionary \(thefreedictionary.com\)](https://medical-dictionary.thefreedictionary.com/consent)

Consent to treatment

<https://www.nhs.uk/conditions/consent-to-treatment/>

Consent Guidelines (Learning Disability Health Facilitation Team)

- [www.ghc.nhs.uk/Key Documents & Resources](http://www.ghc.nhs.uk/Key Documents & Resources)

[LD-consent-poster-2022.docx \(live.com\)](#)

## Communication

The Hospital Communication Book - [www.ghc.nhs.uk /Key Documents & Resources](http://www.ghc.nhs.uk/Key Documents & Resources)

[6108 Glos NHS Hosp Comm 24pp:6108 Glos NHS Hosp Comm 24pp \(ghc.nhs.uk\)](http://www.ghc.nhs.uk/6108%20Glos%20NHS%20Hosp%20Comm%2024pp)

## D

### Dignity

Treating every individual with respect, enabling them to maintain independence, choice and control.

<http://www.dignityindying.org.uk/>



### Dying

As we die there are physical changes and signs that death is approaching.

Leaflet - Coping with Dying - [www.nhsglos.nhs.uk](http://www.nhsglos.nhs.uk)

[https://www.nhsglos.nhs.uk/wp-content/uploads/2022/01/EOLC-GDH3174\\_D\\_Coping-with-Dying\\_Handout.pdf](https://www.nhsglos.nhs.uk/wp-content/uploads/2022/01/EOLC-GDH3174_D_Coping-with-Dying_Handout.pdf)

**Easy Read** – End of Life - <https://be.macmillan.org.uk/>

[MAC16343The-end-of-life \(macmillan.org.uk\)](https://be.macmillan.org.uk/MAC16343The-end-of-life)

**Easy Read** – Changes that can Happen at the End of Life - <https://cdn.macmillan.org.uk/>

[mac16303-er-e04-changes-at-the-end-of-life-pdf \(macmillan.org.uk\)](https://cdn.macmillan.org.uk/mac16303-er-e04-changes-at-the-end-of-life-pdf)

## E

### E- Learning

End of Life Care e-learning - [www.e-lfh.org.uk](http://www.e-lfh.org.uk)

[End-of-life Care For All \(e-ELCA\) - elearning for healthcare \(e-lfh.org.uk\)](http://www.e-lfh.org.uk/End-of-life-Care-For-All-(e-ELCA)-elearning-for-healthcare)

### End of Life Care Education

GHC staff – please log-on to Care2Learn for current end of life care education and training opportunities



End of Life Care Education and Training in Gloucestershire - [www.nhsglos.nhs.uk](http://www.nhsglos.nhs.uk)

<https://www.nhsglos.nhs.uk/your-health-services/community-and-hospital-care/end-of-life-care/>



## End of Life Care Leads

If you work at the NHS Trusts below you can contact your End of Life Care lead for advice and support:

Gloucestershire Health and Care NHS Foundation Trust

**Debbie Williams** ([Debbie.williams@ghc.nhs.uk](mailto:Debbie.williams@ghc.nhs.uk))

Gloucestershire Hospitals NHSFT

**Sam White** ([samantha.white4@nhs.net](mailto:samantha.white4@nhs.net))

Gloucestershire End of Life Care Strategy

[https://www.nhsglos.nhs.uk/wp-content/uploads/2023/06/End-of-Life-StrategyFinal\\_22pdf.pdf](https://www.nhsglos.nhs.uk/wp-content/uploads/2023/06/End-of-Life-StrategyFinal_22pdf.pdf)

## F

### Faith and Culture

The Community Partnerships team and IT team from Gloucestershire Care Services have developed a 'Cultural App' to support health and care colleagues to have conversations with service users about how to best understand and support their spiritual and cultural needs. Covers areas such as food, death, key beliefs and observances:

<https://culturalawareness.glos-care.nhs.uk/>

[Communities - Cultural Awareness \(glos-care.nhs.uk\)](https://culturalawareness.glos-care.nhs.uk/)

### Funerals

A funeral is a ceremony connected with the burial, cremation, etc. of the body of a dead person, or the burial (or equivalent) with the attendant observances. Funerary customs comprise beliefs and practices used by a culture to remember and respect the dead, from interment itself, to various monuments, prayers, and rituals undertaken in their honor.

Coroner's Service, Burials & Cremations and Registering a Death

[www.gloucestershire.gov.uk](http://www.gloucestershire.gov.uk)

[Births, marriages, deaths and civil partnerships - Gloucestershire County Council](#)

**Easy Read** – Going to a Funeral when Someone Dies - <https://cdn.macmillan.org.uk/mac16311-er-e04-going-to-funeral-pdf> ([macmillan.org.uk](https://macmillan.org.uk))



## G

### Gold Standards Framework

Gold Standards Framework is a systematic common-sense approach to formalising best practice, so that quality end of life care becomes standard for every patient. It helps clinicians identify patients in the last years of life, assess their needs, symptoms and preferences and plan care on that basis, enabling patients to live and die where they choose. This approach is used by some GP practices in Gloucestershire.

Gold Standard Framework  
- <https://goldstandardsframework.org.uk/>

[Welcome to Gold Standards Framework](#)



## H

### Health

My Health Book – [www.ghc.nhs.uk](http://www.ghc.nhs.uk) /Key Documents & Resources

[My-Health-Book-and-Health-Action-Summary-additions-Updated-July-2018.doc](#) ([live.com](https://live.com))

Making Health Information Easier – [www.apictureofhealth.southwest.nhs.uk/](http://www.apictureofhealth.southwest.nhs.uk/)

[Home | A Picture of Health | Making Health Information Easier](#) ([southwest.nhs.uk](https://southwest.nhs.uk))

## Homelessness

Homelessness and end of life care: Practical information and tools to support the needs of homeless people who are approaching the end of life, and those who are bereaved

- [www.mungos.org/publication](http://www.mungos.org/publication)

[Homelessness and end of life care - St Mungo's \(mungos.org\)](#)

Homeless Healthcare Team in Gloucestershire - [www.yourcircle.org.uk](http://www.yourcircle.org.uk)

[Homeless Healthcare Team and Special Allocation Scheme | YourCircle](#)

## Hospices

Hospices provide specialist care and a range of holistic (physical, psychological, spiritual and social) support to people with a life-limiting illness, their carers and families.

There are 6 hospices in Gloucestershire:

Leckhampton Court Hospice (Cheltenham) provides in-patient hospice beds, day hospice care and hospice at home care (Cheltenham, Gloucester and Tewkesbury)

Email: [leckhampton@sueryder.org](mailto:leckhampton@sueryder.org)

<http://www.sueryder.org/care-centres/hospices/leckhampton-court-hospice>

Great Oaks Hospice (Coleford) provides day hospice care and hospice at home care (Forest of Dean)

Email: [clerical@great-oaks.org.uk](mailto:clerical@great-oaks.org.uk)

<http://www.great-oaks.org.uk/index.html>

Longfield (Minchinhampton) provides day hospice care and hospice at home care (Stroud and Berkeley, Cotswold's and Gloucester)

Email: [info@longfield.org.uk](mailto:info@longfield.org.uk)

<https://www.longfield.org.uk/>

Kate's Home Nursing

Kate's Home Nursing provides professional, compassionate, specialist nursing 'hospice at home' care.

Email: [info@kateshomenursing.org](mailto:info@kateshomenursing.org)

<https://www.kateshomenursing.org/>

Campden Home Nursing

Email: [info@campdenhomenursing.org](mailto:info@campdenhomenursing.org)

<https://www.campdenhomenursing.org/>

Friends of Fairford & Lechlade Communities

Email: [nursing@friendsoffairford.org.uk](mailto:nursing@friendsoffairford.org.uk)

[https://www.friendsoffairford.org.uk/home\\_nursing.htm](https://www.friendsoffairford.org.uk/home_nursing.htm)

## Hospital

**Easy Read** - About Your Stay in Gloucester Royal or Cheltenham General Hospital - [www.ghc.nhs.uk](http://www.ghc.nhs.uk)

[Easy Read Hospital FINAL0.pdf \(ghc.nhs.uk\)](#)

Hospital Passport - [www.ghc.nhs.uk](http://www.ghc.nhs.uk) /Key Documents & Resources

[My-Health-Passport-EasyRead-v2-April-2021 Editable-Version.pdf \(ghc.nhs.uk\)](#)

# I

## Identification of End of Life (last 12 months)

A handy 1-page holistic guide to prognostic indicators for GP's to help identify patients who may be considered as end of life (last 12 months). 1% of the population dies each year. The Supportive and Palliative Care Indicators Tool (SPICT): [www.spict.org.uk](http://www.spict.org.uk)

[SPICT – Supportive and Palliative Care Indicators Tool](#)

# J

## Just in Case Boxes

Just in Case Boxes are available for GP's to prescribe in the Forest of Dean and are being rolled out across Gloucestershire. This is a box containing anticipatory medication that a person may need for the main symptoms at end of life (pain, nausea, secretions, agitation). It is kept in the persons home 'just in case' it may be needed and is particularly useful at evenings and weekends if urgent or emergency services have been called out. For more information contact

[glccg.endoflifeteam@nhs.net](mailto:glccg.endoflifeteam@nhs.net)

# K

## Kings Fund

The Kings Fund is a charity that seeks to understand how the health system in England can be improved. They help to shape policy, transform services and bring about behavioral change - [www.kingsfund.org.uk](http://www.kingsfund.org.uk)



[Ideas that change health and care | The King's Fund](#)  
([kingsfund.org.uk](http://kingsfund.org.uk))

# L

## Learning Disabilities

Learning Disability Services in Gloucestershire - [www.ghc.nhs.uk](http://www.ghc.nhs.uk)

[Learning disabilities > Glos Health & Care NHS Foundation Trust \(ghc.nhs.uk\)](http://www.ghc.nhs.uk)

Learning Disability Health Facilitation Leaflet - [www.ghc.nhs.uk](http://www.ghc.nhs.uk) /Key Documents & Resources

[Health-Facilitation-Easy-Read-Leaflet-Final.docx \(live.com\)](http://www.ghc.nhs.uk)

Leaflet – Your Next Patient has a Learning Disability: A Practical Guide for Healthcare Professionals - [www.csp.org.uk](http://www.csp.org.uk)

[Learning disability guide download.pdf \(csp.org.uk\)](http://www.csp.org.uk)

## Long Term Conditions

A long-term condition is an illness that cannot be cured but can usually be controlled with medicines or other treatments. Examples of long-term conditions include arthritis, asthma, diabetes, epilepsy, angina, heart failure, and high blood pressure

## Library Resources

For NHS staff - <https://library.nhs.uk/>

[NHS Knowledge and Library Services -](https://library.nhs.uk/)

# M

## Mental Capacity

Mental Capacity Act (2005) - [www.legislation.gov.uk](http://www.legislation.gov.uk)

[Mental Capacity Act 2005 \(legislation.gov.uk\)](http://www.legislation.gov.uk)

**Easy Read** – Mental Capacity Act - [www.local.gov.uk](http://www.local.gov.uk)

[Mental Capacity Act 2005: An easy read guide \(local.gov.uk\)](http://www.local.gov.uk)

# N

## Newsletters

Learning from Deaths (LeDeR) newsletter

[www.inclusiongloucestershire.co.uk/engagement](http://www.inclusiongloucestershire.co.uk/engagement) - [LeDeR - Inclusion Gloucestershire](#)  
[www.leder.nhs.uk](http://www.leder.nhs.uk) - [LeDeR - Home](#)

# O

## Office of Public Guardian

The Office of the Public Guardian (OPG) protects people in England and Wales who may not have the mental capacity to make certain decisions for themselves, such as about their health and finance. OPG is an executive agency, sponsored by the Ministry of Justice.



Office of the  
Public Guardian

<https://www.gov.uk/government/organisations/office-of-the-public-guardian>

See also Mental Capacity

# P

## Patient Advice and Liaison Service

The Patient Advice and Liaison Service (PALS) offer confidential advice, support and information on health-related matters. They provide a point of contact for patients, their families and their carers.



Gloucestershire Health and Care NHS Foundation Trust - [www.ghc.nhs.uk/get-in-touch](http://www.ghc.nhs.uk/get-in-touch)  
[Give us your views > Glos Health & Care NHS Foundation Trust \(ghc.nhs.uk\)](#)

Gloucestershire Hospitals NHSFT PALS - [www.gloshospitals.nhs.uk/contact-us](http://www.gloshospitals.nhs.uk/contact-us)  
[Feedback and complaints \(gloshospitals.nhs.uk\)](#)

Gloucestershire Integrated Care Board - [www.nhsglos.nhs.uk/have-your-say](http://www.nhsglos.nhs.uk/have-your-say)  
[PALS \(feedback and enquiries\) : NHS Gloucestershire ICB \(nhsglos.nhs.uk\)](#)

## Palliative Care

Palliative care is the active holistic care of patients with advanced progressive illness. Management of pain and other symptoms and provision of psychological, social and spiritual support is paramount. The goal of palliative care is achievement of the best quality of life for patients and their families.

**Referral** - Specialist Palliative Care in Gloucestershire is delivered by Gloucestershire Hospitals NHSFT. To make a referral: [www.gloshospitals.nhs.uk/our-services](http://www.gloshospitals.nhs.uk/our-services)  
[Specialist Palliative Care \(gloshospitals.nhs.uk\)](http://www.gloshospitals.nhs.uk/our-services)

**Advice and Support** - The Specialist Palliative Care Telephone Advice and Support line is available 24/7 for professionals:

☎ 0300 422 5370  
9.00 to 17.00 (Mon – Fri) call Community team

☎ 0300 422 2222  
Any other time and ask for on-call Palliative Care

## Planning

**Easy Read** - My End of Life Plan - [www.ghc.nhs.uk/Key Documents & Resources](http://www.ghc.nhs.uk/Key Documents & Resources)  
[My-End-of-Life-Plan-January-2017.doc \(live.com\)](http://www.ghc.nhs.uk/Key Documents & Resources)

Age UK - Planning and Support for the End of Life  
[www.ageuk.org.uk/globalassets/age-uk/documents/ageukig51\\_thinking\\_about\\_end\\_of\\_life\\_inf.pdf](http://www.ageuk.org.uk/globalassets/age-uk/documents/ageukig51_thinking_about_end_of_life_inf.pdf)



## Q

### Quality Standards

There are two NICE Quality Standards for End of Life Care for adults aged 18+.

Quality Standard 13: End of Life Care - [www.nice.org.uk/guidance](http://www.nice.org.uk/guidance)  
[Overview | End of life care for adults | Quality standards | NICE](http://www.nice.org.uk/guidance)

Quality Standard 144: Care of Dying Adults in the Last Days of Life - [www.nice.org.uk/guidance](http://www.nice.org.uk/guidance)  
[Overview | Care of dying adults in the last days of life | Quality standards | NICE](http://www.nice.org.uk/guidance)

# R

## Resuscitation

Gloucestershire NHS Trusts and partners have adopted the Recommended Summary Plan for Emergency Treatment (ReSPECT) process. This is a process that allows people to record their wishes about how they would like to be treated in a medical **emergency** when they may not be able to communicate.

**Easy read guides to the ReSPECT process can be found here**

[www.resus.org.uk/respect/respect-resources](http://www.resus.org.uk/respect/respect-resources)  
[ReSPECT Resources | Resuscitation Council UK](#)

# S

## Safeguarding

Gloucestershire Safeguarding Adults Board - [www.gloucestershire.gov.uk/gsab](http://www.gloucestershire.gov.uk/gsab)  
[Safeguarding Adults in Gloucestershire - Safeguarding Adults in Gloucestershire](#)

## Social Care

Education, training, knowledge and skills sets for Social Care  
[www.skillsforcare.org.uk](http://www.skillsforcare.org.uk)

## Summary Care Record (GP Patient Record)

The Summary Care Record is an electronic record of patient information created from their GP record, including wishes and preferences for end of life care. Access to view a patient's summary care record has been rolled out across Gloucestershire - <https://digital.nhs.uk/services>  
[Summary Care Records \(SCR\) - information for patients - NHS Digital](#)



## Symptom Management

UK Health Security Agency (formerly Public Health England) have produced a guide on how social care staff can recognise and manage pain in people with learning difficulties

<https://assets.publishing.service.gov.uk/government/uploads>

[How social care staff can recognise and manage pain in people with learning disabilities \(publishing.service.gov.uk\)](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/612342/How-social-care-staff-can-recognise-and-manage-pain-in-people-with-learning-disabilities.pdf)

## T

### Transitioning

**Easy Read** - Moving from Children's Health Care to Adult Health Care - [www.ghc.nhs.uk](http://www.ghc.nhs.uk)

[TRANSITION Childrens Health Care -A4.pdf \(ghc.nhs.uk\)](https://www.ghc.nhs.uk/transition/transition-childrens-health-care-a4.pdf)

## U - Z

### Young People with Cancer

There are a range of charities who support young people with cancer.

Teenage Cancer Trust - [www.teenagecancertrust.org](http://www.teenagecancertrust.org)

[Teenage Cancer Trust | UK Cancer Charity](http://www.teenagecancertrust.org)

CLIC Sargent - [www.younglivesvscancer.org.uk](http://www.younglivesvscancer.org.uk)

[Young Lives vs Cancer - we'll face it all, together](http://www.younglivesvscancer.org.uk)

