

Frailty Training & Education Framework for Everyone in Gloucestershire

Our Gloucestershire Frailty Strategy Vision is for the people of Gloucestershire to live healthier, happier and longer lives. This document provides contacts and links to resources available to help in the achievement of our vision.

Frailty: A long term condition particularly related to the aging process in which multiple body systems gradually lose their in-built reserves. A state of reduced resilience and increased vulnerability, possibly leading to a deterioration in health and ability to live independently. [OneGloucestershire Webpage](#)

Tier 1 Awareness

Elearning for
Health and Social
Care
[Frailty Awareness
Tier 1](#) (log in)

Person-Centred
Approach – Step 1
[Skills for Health](#)
[Log in](#)

Carer Aware

Please Note: Access to training will vary between organisations and registering for eLearning may require a work email: If this is not possible, follow the guidance provided by each training provider.

eLearning for Health and Social Care: Training available is covered at three levels or tiers:
It is not necessary to undertake all three tiers, but to select according to role and learning need.

Whatever your role in caring for someone with Frailty, whether paid or unpaid, that care will be better and easier if you are prepared and equipped with the right knowledge and skills. The training pathway targets three tiers: -

Tier 1- General Awareness: aimed at the public, carers, third sector staff, porters, reception staff in primary, secondary and community.

Tier 2a – Professional Knowledge: for those in front line care and patient-facing roles

Tier 2b - Specialist Skills and Knowledge: for those working in Urgent Care or specialist care of frail people.

Please click on the links for freely available information and resources or click on links to your organisation for more targeted training.

Tier 2a Generic Roles

Elearning for
Health and Social
Care
[Frailty Awareness
Tier 2a](#) (log in)

Person-Centred
Approach – Step 2
[Skills for Health](#)
[Log in](#)

Additional training may be available within organisations and for Specific Roles and Specialties
[Competencies for Caring for People with Frailty](#) (Skills for Health)

- **GPs/Primary Care:** [G-Care: Frailty](#)
- **Gloucestershire County Council:** [Proud to Learn](#) 01452 324306
- **Gloucestershire Health & Care Foundation Trust:** Email [Professional Education](#)
- **Gloucestershire Hospitals Foundation Trust:** Phone 0300 422 5634 or Visit [Webpage](#)
- **Gloucestershire Care Homes:** [Proud to Learn](#) 01452 324306

Tier 2b Specialist Roles

Elearning for
Health and Social
Care
[Tier 2b Frailty](#) (log in)

[Rockwood
Guidance for
Primary Care
\(Youtube\)](#)

The Four Priorities of Our Frailty Strategy: Resources

Preventing Frailty: [Aging Well](#) / [Skills for Health](#) / [Proactive Care](#) / [BGS: Joining the Dots: Blueprint](#)

Identifying Frailty: [Comprehensive Geriatric Assessment](#) / [Identifying Frailty](#) / [Surrey University Pallup](#)

NB: The CGA is a commonly accepted tool but may not be appropriate for all sectors in the Gloucestershire H&SC system

Managing Frailty: [Every step you take matters!](#)

Age UK: [Frailty in Older People](#)

BGS: [Front Door Frailty](#)

BGS: [End of Life Care in Frailty](#)

[Gloucestershire Frailty and Dementia Toolkit](#)
[Information and support for carers](#)

Workforce: Awareness, knowledge and understanding of frailty
[PCN Frailty and Dementia Proactive Model of Care](#)

Resources for
Related Conditions
[Dementia](#)

[Learning
Disabilities NHS
& G-Care
Palliative/End of
Life](#)

[Personalised Care
Falls Information](#)

[Virtual Ward
Core Competences
\(S4H\)](#)